



## Cyber-Safe Kids

### A PRACTICAL WORKSHOP FOR UPPER PRIMARY & SECONDARY STUDENTS

Today's kids are experiencing digitalised childhoods. They're growing up on a tsunami of screens, being introduced to social media at younger ages and playing in digital playgrounds, often unsupervised.

This digital exposure means that sadly they're at risk of being cyber-bullied, they're being exposed to pornography (research confirms that the average age that Australian kids now encounter pornography is 8 years of age!), violent and sexualised content and they're facing a raft of other cyber-safety issues that are constantly changing.

However, digital abstinence isn't a solution- banning or avoiding screens won't teach our kids the habits that they need to thrive in the digital world they'll no doubt inherit.

Dr Kristy Goodwin can help students make informed choices about their cyber habits. She delivers a practical, 60-minute student workshop that highlights some of the potential pitfalls of being online and empowers students to make informed choices about their online activities so that their safety and wellbeing isn't compromised.

*In this practical seminar Dr Kristy explores:*

// **cyber-bullying**- what it is, how to report it & deal with it, how to prevent it, legal consequences of cyber-bullying and strategies to prevent students from being a cyber-bully;

// **pornography**- Kristy will use age-appropriate stories to discuss the emotional, physical and social consequences of students' viewing pornographic content, what to do if students encounter pornography and why it should be avoided;

// **social media**- Kristy will talk extensively about students' curating their digital DNA with every comment, message, photo and video that they share online, the legal and personal consequences of sharing information on social media and healthy habits to ensure they use it safely and appropriately; and

// **cyber-safety**- catfishing, privacy, cyber-crime and other current cyber-safety risks will be discussed and Kristy will equip students with practical strategies to manage their online life without compromising their safety and privacy.

*The content of this workshop is modified according to the students' age and can be tailored to address any issues pertinent to your school, community or curriculum.*



**Dr Kristy Goodwin** is a leading children's digital wellness expert, researcher, author & former teacher. She translates the latest research into essential and digestible information and tips, for students so that they can navigate the digital terrain safely and with confidence... without suggesting that kids need to give up their mobile devices or abstain from using technology.

#### *Workshop Details:*

**Suitable for:** students from Years 5- 10

**Fee:** \$1200 +GST /1-hour workshop

\$2200 +GST for 2 x 1-hour workshops

**Basic School Package-** \$3200 + GST includes your choice of TWO of the following services: 2 x 1-hour student workshops; OR 1 x 1.5-2 hour staff professional learning session; OR 1 x 1.5-2 hour parent seminar (on same day).

**Advanced School Package-** \$4200 + GST includes (i) 1 x 60 minute student workshop, (ii) 1 x 1.5-2 hour staff professional learning session and (iii) 1 x 1.5-2 hour parent seminar (on the same day).

**Comprehensive School Package-** \$5200 +GST for 3 x 1-hour student workshops, 1 x 1.5-2 hour staff professional learning session, 1 x 1.5-2 hour parent seminar (on same day).