



Wired to Learn

SCHOOL READINESS IN A DIGITAL AGE

Today's kids are growing up immersed in a digital world. They learn to tap, swipe and pinch before they learn to ride a bike, tie their shoelaces or grip a pencil.

Their digitalised childhood is changing how they learn and impacting on their health and development.

As parents and educators, we experienced 'analogue childhoods', raising and teaching kids in a digital world is confusing and we're often given conflicting advice about how technology fits into young children's lives.

Children's technology and development expert (and mum!) Dr Kristy Goodwin helps parents of young children (aged 0-12 years) find the best ways to use technology to *support*, not *stifle* young children's learning and development.

She arms parents with facts, not fears, about what young children *really* need to thrive online and offline in a digital world.

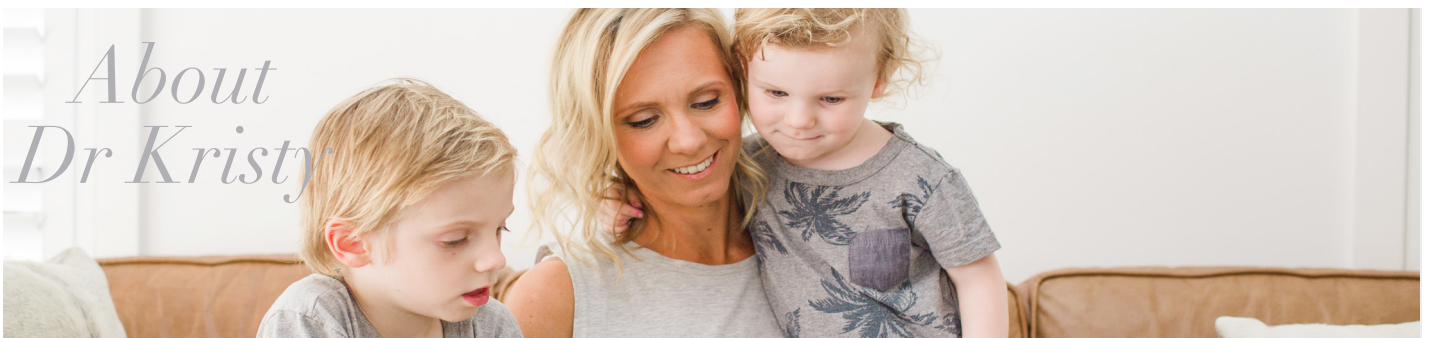
Dr Kristy marries the latest research from a range of disciplines (including neuroscience, developmental science and technology research) to provide a comprehensive and cutting-edge perspective about the impact of "digitalised childhoods" on young children's learning, health and wellbeing.

Dr Kristy helps parents (and educators) understand exactly what preschoolers need to thrive in a digital world (and no, they don't need to master coding, or word-processing before entering school). In fact, the research is showing that preschoolers need simple things for optimal learning, development and wellbeing. And that's exactly what Dr Kristy shares in this seminar- the seven basic building blocks for thriving kids in a digital age.

*In this practical seminar,
Dr Kristy arms parents and educators with:*

- // The **seven essential building blocks** for thriving in a digital world- relationships, language, sleep, play, movement, nutrition, executive function skills (understand the seven simple things that are essential for optimal development so you can have peace-of-mind that your child's ready to thrive at school and not just survive);
- // Information about how **technology time can either help or harm each of the seven essential building blocks** (you'll be armed with research-based information so you can feel confident about your digital decisions and know how to separate fact from fiction when it comes to kids and technology);
- // **Practical and simple strategies** to use everyday technologies like TVs, touchscreen devices and video games in ways that are aligned with young children's developmental needs (so you can finally eradicate your techno-guilt and confusion once and for all);
- // **Healthy technology habits** that young children need to develop (so that their health, learning and wellbeing is supported in a digital age).

Dr Kristy will provide you with solutions for your digital dilemmas and help you to put an end to your confusion and concern about raising kids in the digital age.



Dr Kristy Goodwin is a leading children's technology and development expert (and mum!). She helps parents ditch the techno guilt + raise happy, healthy kids who thrive online and offline. Kristy takes the guesswork and guilt out of raising kids in the digital age by translating the latest research into practical and digestible information, tips, and tricks for parents so that they can feel confident and assured that they're raising healthy, happy and balanced kids in the digital age.

Previous Clients:



Dr Kristy has been featured on:

