

# Cyber-Safe Kids



WITH

*Dr Kristy*  
GOODWIN

Dr Kristy Goodwin helps students make informed choices about their digital habits in this practical, 60-minute student workshop. Dr Kristy shares stories and videos to highlight some of the potential pitfalls of being online and empowers students to make informed choices about their online activities so that their safety and well-being aren't compromised. Kristy helps students understand their digital DNA- the personal and legal ramifications of what they share and disclose online. She discusses cyber-safety, social media risks, cyber-bullying and the impact of pornography. Suitable for students in upper primary and secondary school.

## STUDENT WORKSHOP DETAILS

**DURATION** Workshop 60 minutes

**SUITABLE FOR** Student workshop for kids aged 10-16 years (upper primary and lower secondary)

**PACKAGES** Stand-alone student workshop or part of a School's Package

**BOOKING** [enquiry@drkristygoodwin.com](mailto:enquiry@drkristygoodwin.com)



Dr Kristy Goodwin is a former teacher, digital wellness expert, speaker and researcher (and a mum who worries about her kids' online safety). She helps students make informed choices about their digital habits, to ensure that their health, safety and wellbeing aren't compromised. She translates the research and latest online risks into essential information and tips, for students so that they can navigate the digital terrain safely and with confidence... without suggesting that kids need to give up their mobile devices or abstain from using technology.



Education

