

# Raising Your Child In A Digital World

Guilt-free, practical advice for parents



WITH  
*Dr Kristy*  
GOODWIN

Dr Kristy Goodwin is a digital parenting educator, researcher and author (& mum who also deals with her kids' techno-tantrums). She translates the latest research about how technology is shaping childhood into essential and practical information for parents (so you can put an end to the guesswork and guilt). Dr Kristy helps confused and concerned parents make informed decisions about how to best manage screen-time at home, without suggesting that you ban the iPad, or unplug the TV! Parents will understand the latest risks to kids' online safety, health and learning and will learn how screens are impacting kids' sleep, social, language, play, physical skills, vision, hearing and posture. Parents will be armed with realistic strategies about how to best navigate kids' digital world (because digital amputation isn't the solution).

<b>DATE</b>	Wednesday 1st November 2017
<b>TIME</b>	6:45pm for a 7pm sharp start (9pm finish)
<b>VENUE</b>	Burnside Community Hall - 401 Greenhill Road, Tasmore SA
<b>COST</b>	\$35 ticket or 2 for \$60 or VIP ticket \$60 (includes copy of Dr Kristy;s book & reserved seating).
<b>TICKETS</b>	<a href="#">Click here to book your ticket</a>



Dr Kristy Goodwin is a leading digital wellness expert, researcher, author & former teacher (and mum who deals with her kids' techno-tantrums). She translates the latest research into essential and digestible information and tips, for parents, educators and health professionals so that they can safely navigate the digital terrain... without suggesting that the iPad be banned!



Education

