

Raising Boys in a Digital World

Proudly hosted by **Maggie Dent**
quietly improving lives

Dr Kristy is a digital parenting educator, author and researcher (& mum who also deals with her boys' techno-tantrums), and she translates the latest research about how technology is shaping childhood and adolescence into essential information for confused and concerned parents.

Dr Kristy helps parents make informed decisions about how to best manage screen-time (including Fortnite!) at home without suggesting you ban the iPad, or unplug the gaming console. She'll arm parents with essential information about how gaming, social media and pornography are influencing boys' health, learning and development, and how inappropriate technology habits can impact on boys' sleep, learning, attention spans and physical health & wellbeing. Dr Kristy will also talk about addiction and strategies to develop healthy technology habits with boys. She'll also explain why your son has techno-tantrums, how to cope with and prevent these, because screen-time *doesn't* need to end in tears and tantrums. This seminar is suitable for parents and carers of boys aged 5-16 years.

PARENT SEMINAR DETAILS

DATE	Wednesday 5th September, 2018
TIME	6:30-8:30pm (doors open at 5.45pm)
VENUE	Bendat Parent and Community Centre, 36 Dodd St, Wembley WA
COST	\$30
TICKETS	https://www.trybooking.com/book/event?eid=396773



Dr Kristy Goodwin is one of Australia's leading children's technology and development experts (& a mum who's endured her sons' techno-tantrums!). She takes the guesswork and guilt out of raising boys in the digital age by translating the latest research into practical and digestible information, tips, and tricks for parents so that they can feel confident and assured that they're raising healthy, happy and balanced boys in the digital age... without telling you to ban the iPad or unplug the TV. Kristy has spoken at and consulted with public and private schools throughout Australia and Asia, she's regularly called on by the media for her expert opinion.

Dr Kristy
GOODWIN