



Professional Biography & Audio-Visual Requirements

Dr Kristy's Professional Bio *(Short and Sweet Version)*



Dr Kristy Goodwin is one of Australia's leading digital wellbeing and productivity experts (and mum who also deals with her kids' techno-tantrums!) She's the author of *Raising Your Child in a Digital World*, a speaker, media commentator and digital wellbeing researcher, who *doesn't* suggest that we ban the iPhone (digital abstinence *isn't* the solution). Kristy worked as an educator for fourteen years at Abbotsleigh, Mosman Prep and several public schools, before becoming an academic and speaker. She has worked with corporate clients including Apple, Westfield, Bank of Queensland, Macquarie Bank, Foxtel, the National Broadband Network, McDonalds, NSW Department of Education and Optus, she's spoken at national and international conferences, at schools, workplaces and medical conferences throughout Australia.

Kristy is regularly called upon by the media to translate the latest research about kids, teens, adults and screens into practical and relevant information. She provides evidence-based information and realistic solutions about how technology is impacting students' physical and mental health and shaping their learning. Kristy also speaks at workplaces and conferences about digital wellbeing and productivity. Kristy's on a mission to empower people to tame their technology habits and *not* be a slave to the screen!





Audio-Visual Requirements



// Kristy will bring her Macbook Pro (13-inch, 2019, Four Thunderbolt 3 ports) to present from and the relevant attachments to connect her device to a data-projector (she brings both an HDMI cord and connector and VGA connector). She asks that the venue provides a data projector, screen and an audio link with speakers. Kristy needs access to her laptop at the front of stage- please let us know in advance if you have a different arrangement.

// Kristy also requires a microphone (with PA/speaker) for audiences greater than 100 people, or for large rooms.

// Please let her team know if you're unable to provide any of these audio-visual components and she can make additional provisions (with no additional costs if presenting in the Sydney metropolitan area).

// Kristy also requests that you provide a small table where she can display her books for sale and other resources at the front or side of the room.

If you require any additional information, then please contact Dr Kristy's Assistant, via enquiry@drkristygoodwin.com

Headshots and Logos



Kristy's headshots, logo and images that you're welcome to use to promote the event are saved here:

[CLICK HERE](#)

Social Media Links



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