



# *Professional Biography & Images*

Dr Kristy Goodwin is one of Australia's leading digital wellbeing and productivity experts (and mum who also deals with her kids' techno-tantrums!) She's the author of *Raising Your Child in a Digital World*, a speaker, media commentator and digital wellbeing researcher, who *doesn't* suggest that we ban the iPhone (digital abstinence *isn't* the solution). Kristy worked as an educator for fourteen years before becoming an academic and speaker. She has worked with clients including Apple, Westfield, Bank of Queensland, Macquarie Bank, Foxtel, the National Broadband Network, McDonalds, NSW Department of Education and Optus, she's spoken at national and international conferences, at schools, workplaces and medical conferences throughout Australia. Kristy's on a mission to empower people to tame their technology habits and *not* be a slave to the screen!



## **Headshots and Logos**

*Kristy's headshots, logo and images that you're welcome to use to promote the event are saved here:*

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## **Social Media Links**

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